



Maine SAVVY CAREGIVER Training Schedule



(update October, 2011)

Maine's SAVVY CAREGIVER Training is sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging. The training provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. Caregivers are asked to complete surveys.

Some trainings below are still being arranged, but they are listed so that caregivers know if a training is being planned in their area. For more information, call the contact person providing the training or Jan Halloran at (207) 287-9233 - Jan.Halloran@maine.gov.

	TRAINING SITES and CONTACT INFORMATION	TRAINING DATES and TIMES
A.	SOUTHERN MAINE (Southern Maine Agency on Aging)	
1.	Southern Maine Agency on Aging 136 U.S. Route 1 Scarborough, ME 04074 Trainer: Ann O'Sullivan Contact: Contact: Ann O'Sullivan 1-800-427-7411 x541	October 26 and November 2, 9, 16, 23 & 30, 2011 (Wednesdays) 9:30 a.m. – 11:30 a.m.
2.	Southern Maine Agency on Aging 136 U.S. Route 1 Scarborough , ME 04074 Trainer: Ann O'Sullivan Contact: Contact: Ann O'Sullivan 1-800-427-7411 x541	January 10, 17, 24, 31 and February 7 & 15, 2012 (Tuesdays) 5:00 p.m. – 7:00 p.m.
3.	Bonnie Eagle Adult Education Standish , ME 04084 Trainer: Kate Fallon Contact: Kate Fallon 1-800-427-7411 x558	March 1, 8, 15, 22, 29 and April 5, 2012 (Thursdays) 2:00 p.m. – 4 p.m.
4.	Southern Maine Agency on Aging 136 U.S. Route 1 Scarborough , ME 04074 Trainer: Ann O'Sullivan Contact: Contact: Ann O'Sullivan 1-800-427-7411 x541	March 6, 13, 20, 27 and April 3 & 10, 2012 (Tuesdays) 1:30 p.m. – 3:30 p.m.
*5.	Southern Maine Agency on Aging 136 U.S. Route 1 Scarborough , ME 04074 Trainer: Ann O'Sullivan Contact: Contact: Ann O'Sullivan 1-800-427-7411 x541	July 12, 19, 26 and August 2, 9 & 16, 2012 (Thursdays) 9:30 a.m. – 11:30 a.m.
B	CENTRAL MAINE	
1.	Spectrum Generations Cohen Center 22 Town Farm Road Hallowell , ME 04347 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	October 17,24,31, Nov 7, 14, 21 2011 (Mondays) 1:00 p.m. – 3:00 p.m.

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2.	Spectrum Generations Cohen Center 22 Town Farm Road Hallowell, ME 04347 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	Nov. 28. Dec.5, 12, 19 Jan.2 and 9 2012 (Mondays) 1:00 p.m. – 3:00 p.m.
3.	Spectrum Generations Muskie Center 38 Gold Street Waterville, ME. 04901 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	Jan 23, 30, Feb 6, 13, 27 th March 5 th 2012 (Mondays) 1:00 p.m. – 3:00 p.m.
4. AT	Department of Health and Human Services 442 Civic Center Dr. Augusta, ME 04333 Trainer: Bonnie Tracey Contact: Becca Reynolds 1-800-282-0764 ext 127	March 9, 16, 23, 30 and April 6 & 13, 2012 (Fridays) Noon – 2:00 p.m.
5.	Spectrum Generations Muskie Center 38 Gold Street Waterville, ME. 04901 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	March 19, 26, April 2, 9, 16 and 23 2012 (Mondays) 1:00 p.m. – 3:00 p.m.
*6.	Spectrum Generations Southern Midcoast Center 112 Main St. Topsham, ME 04086 Trainers: Becca Reynolds/Liz Crawford Contact: Becca Reynolds 1-800-282-0764 ext 127	May 7, 14, 21 and June 4, 11, 18, 2012 (Mondays) 1:00 p.m. until 3:00 p.m.
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C.	Eastern Maine (Eastern Agency on Aging)	
*1.	Phillip-Strickland House 21 Boyd St. Bangor, ME 04401 Trainer: Darlene Field Contact: Cindy Beck 772-0015	November 2, 9, 16, 30 and December 7 & 14, 2011 (Wednesdays) 10:00 a.m. until noon
D.	WESTERN MAINE (Alzheimer's Association, ME Chapter)	
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E.	NORTHERN MAINE (Aroostook Agency on Aging)	
1.	Caribou Inn and Convention Center Access Highway Caribou, Maine Contact: Sharon Berz 1-800-439-1789	September 28, October 5, 12, 19, 26 and November 2, 2011 (Wednesdays) 1:00 p.m. - 3:00 p.m.
2.	Hodgdon Fire House Hodgdon, Maine Contact: Sharon Berz 1-800-439-1789	November 7, 14, 21, 28 and December 5 & 12, 2011 (Mondays) 10:00 AM to 12:00
3.	Fort Kent High School Pleasant Street Fort Kent, Maine Contact: Sharon Berz 1-800-439-1789	November 7, 14, 21, 28 and December 5 & 12, 2011 (Mondays) 6:00 p.m. - 8:00 p.m.
4.	Fort Fairfield Public Library 275 Main St. Fort Fairfield, ME 04742 Contact: Sharon Berz 1-800-439-1789	November 5, 12, 19, 26 and December 3 & 10, 2011 (Saturdays) 10:00 a.m. - Noon

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5.	University of Maine – Presque Isle Main Street Presque Isle , Maine 04769 Contact: Sharon Berz 1-800-439-1789	October 31, November 7, 14, 21, 28 and December 5, 2011 (Mondays) 11:00 a.m. - 1:00 p.m.